

# She's Worth More

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## *Journal*

This journal is about you and the woman you want to become. Whether you're rebuilding your finances, rewriting your story, reclaiming your peace, or just learning how to be gentle with yourself again— decide today that She's Worth More.

# She's Worth More

Journal

DATE:     /     /

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## TODAY I'M GRATEFUL FOR:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## WATER INTAKE



## ENERGY LEVEL



## TOP PRIORITIES

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## TODAY'S VALUE (MISSION)

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## MOMENT OF TRUTH

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